Steamed Broccolini with Bragg Liquid Aminos

Culinary Rx Online Cooking School (Rouxbe)

Servings: 2

Ingredients:

- 1 bunch of broccolini
- Pinch of sea salt
- 1/8 tsp red chili flakes
- ¼ tsp sesame oil
- Bragg Liquid Aminos (to taste)

Directions:

1. Set up a steamer. Fill with one inch of water and place over medium-high heat.
2. Wash the broccolini and trip off the stem ends.
3. Place broccolini in the steaming basket and sprinkle with a pinch of salt.
4. Place over the steaming water, cover and steam for approximately 3 to 5 minutes or until desired tenderness.
5. Transfer broccolini to a large bowl, spray with the Bragg, sprinkle with chili flakes, drizzle with the sesame oil and toss gently to combine.
6. Serve immediately.